

PYRAMID OF BEREAVEMENT SUPPORT FOR CHILDREN

Level 3 Supports

Psychotherapeutic services

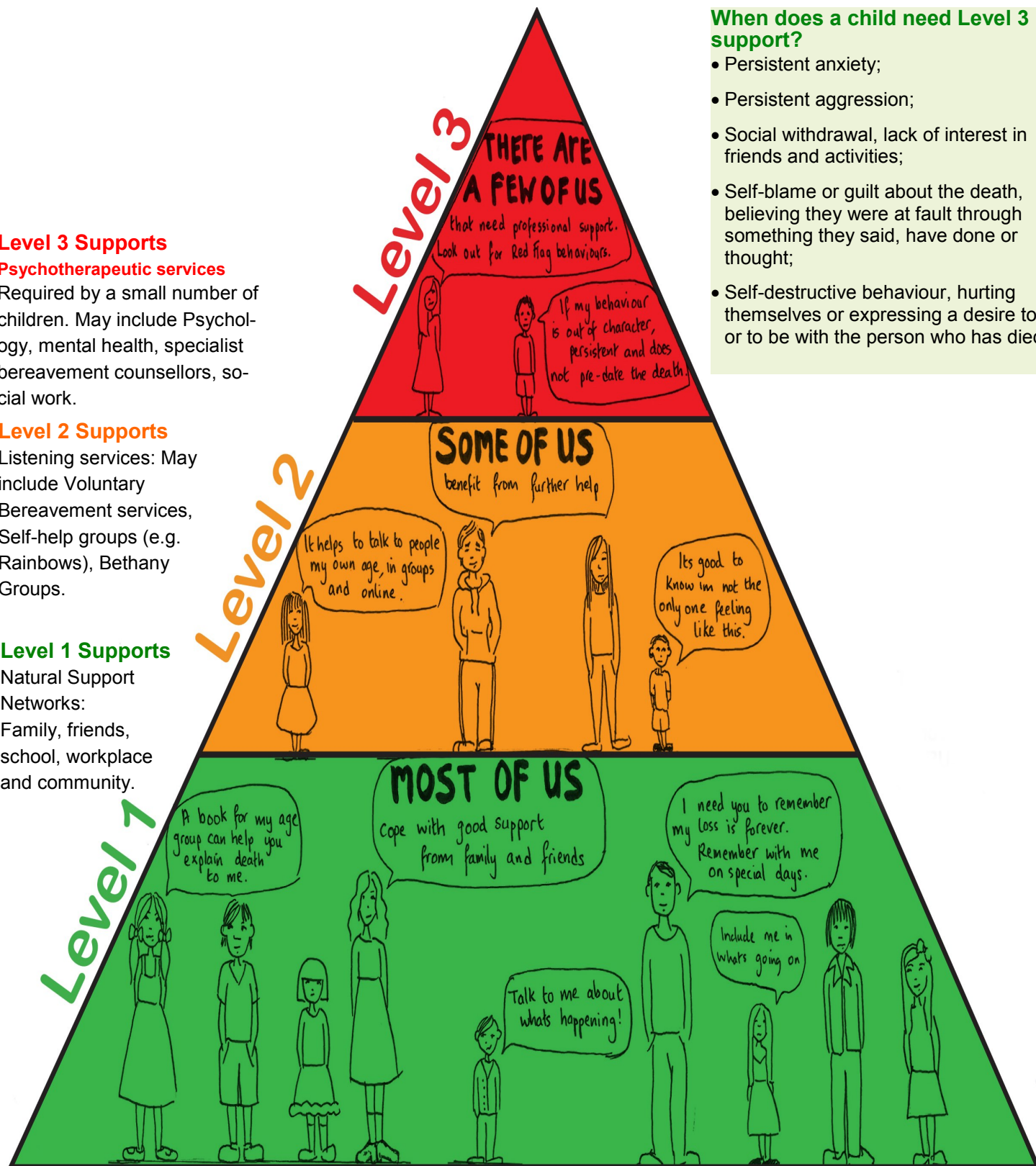
Required by a small number of children. May include Psychology, mental health, specialist bereavement counsellors, social work.

Level 2 Supports

Listening services: May include Voluntary Bereavement services, Self-help groups (e.g. Rainbows), Bethany Groups.

Level 1 Supports

Natural Support Networks: Family, friends, school, workplace and community.



When does a child need Level 3 support?

- Persistent anxiety;
- Persistent aggression;
- Social withdrawal, lack of interest in friends and activities;
- Self-blame or guilt about the death, believing they were at fault through something they said, have done or thought;
- Self-destructive behaviour, hurting themselves or expressing a desire to die or to be with the person who has died.